

ASX RELEASE (ASX:AHE)

Adheris Board and Management Increase Shareholdings

Melbourne, Australia, 1 October 2026* – Adheris Health Limited (ASX: AHE) (“Adheris Health” or “the Company”) advises that members of the Adheris Board and management have acquired approximately 27m shares in Adheris representing 4.2% of the current shares outstanding in the Company. In addition, a long-term supportive shareholder has acquired a further 27M shares, representing 4.2% of the current shares outstanding.

Commenting on the transaction, Adheris Chair Kate Hill said: *“The Board and management are pleased to be increasing their investment in the Company. We are encouraged by the momentum returning to the business, which reflects the strength of our people, the quality of our customer relationships and the progress being made across the organisation. As we continue to execute on our strategic initiatives, we remain focused on rebuilding shareholder value and trust and are optimistic about the opportunities ahead.”*

*Whilst the transfers were ultimately processed on 1 October 2026, which is during a closed period, the transfers were negotiated and agreed to prior to this period and funds were exchanged on 29 September 2026.

– ENDS –

This document has been authorised for release by the Board of Adheris Health Limited.

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About Adheris Health

Adheris Health (ASX: AHE) combines precision segmentation and predictive analytics to identify and act on the moments that matter most in each patient's treatment journey, individualizing support in ways that improve outcomes and drive stronger results for clients.

Adheris Health partners with pharmaceutical manufacturers, pharmacies, and healthcare organizations to design and deliver programs across the full patient journey, from onboarding and education through medication adherence, refill support, and beyond. THRiV, its intelligent engagement platform, continually adapts each patient's experience in real time to determine not just who to reach, but when and how to reach them most effectively.

With more than 30 years of experience and a network of 170 million patients, Adheris Health is expanding its capabilities into new therapeutic areas and engagement channels. Adheris Health is committed to reimagining patient engagement every day, helping more patients live healthier lives.

For more information, please visit: adheris.com/investors.